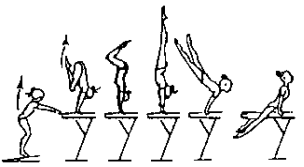

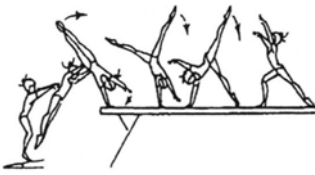
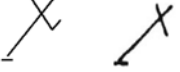
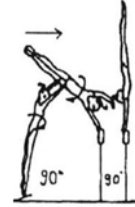


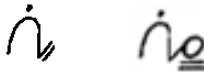




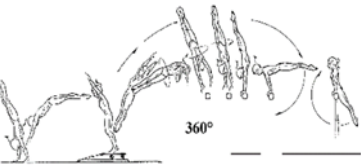







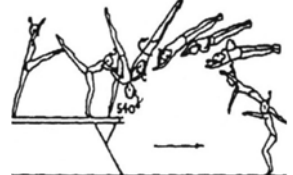

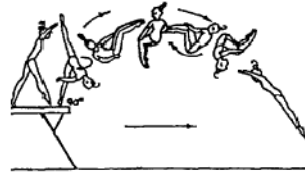
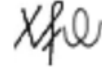
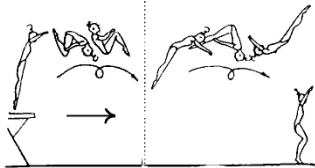


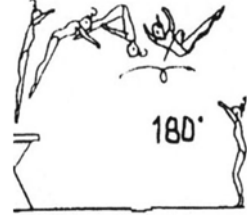


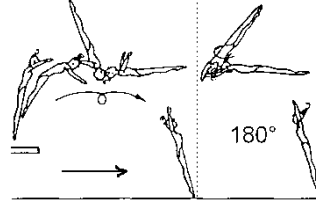






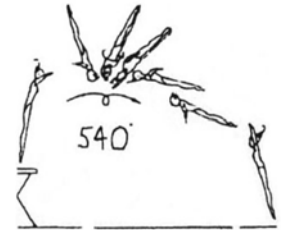

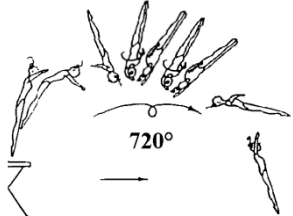



1.000 — MOUNTS

A	B	C	D	E	F/G
<p>1.114 Jump to hstd with bent or straight legs – lower to optional end position</p>  	<p>1.214 Cartwheel on one or both arms</p>  	<p>1.314 90° approach to beam – jump with ¼ turn (90°) and extended hips through a momentary hstd on one arm with immediate ¼ turn (90°) and support on second arm to side hstd - lower to optional end position</p>  	<p>1.414 From rear stand (back towards beam), flic flac over beam to candle position, ending in front support with or without bwd hip circle</p>   <p>Round-off in front of beam – jump with ½ twist (180°) to near side hstd – lower to optional position</p>   <p>From rear stand (back towards beam), flic flac with ½ turn (180°) to candle position, ending in front support (grasping under the beam with both hands)</p>  	<p>1.514 Round-off in front of beam – flic-flac with 1/1 twist (360°) to hip circle bwd</p>  	<p>1.614</p>

6.000 — DISMOUNTS

A	B	C	D	E	F/G/H
<p>6.101 Free (aerial) walkover fwd with ½ twist (180°)</p>  <p>180°</p> 	<p>6.201 Free (aerial) walkover fwd with 1/1 twist (360°)</p>  <p>Free (aerial) cartwheel with ½ twist (180°)</p>  <p>180°</p>  	<p>6.301 Free (aerial) walkover fwd with 1½ twist (540°)</p>  <p>540°</p> 	<p>6.401</p>	<p>6.501 Free (aerial) cartwheel into salto bwd tucked</p>  	<p>6.601</p>
<p>6.102 Salto fwd tucked or piked, also with ½ twist (180°)</p>  <p>180°</p>    <p>180°</p>  	<p>6.202 Salto fwd stretched, also with ½ twist (180°)</p>  <p>180°</p>   <p>Salto fwd tucked with 1/1 twist (360°)</p>  <p>360°</p> 	<p>6.302 Salto fwd stretched with 1/1 twist (360°) or 1½ twist (540°)</p>  <p>360°</p>   <p>540°</p> 	<p>6.402 Salto fwd stretched with 2/1 twist (720°)</p>  <p>720°</p> 	<p>6.502</p>	<p>6.602 Double salto fwd tucked</p> 